

**Christ In Me**  
**Upstate NYI Fall Retreat**  
**October 11-14, 2019**  
**Camp Lamoka, Tyrone NY 14887**

**Cost: Students-\$125 if received before October 1. Adult leaders- \$100.**  
**\$15 late fee if received after October 1.**

**\*\*\*Want to play paintball? Add \$20 (includes gun & rounds). Must prepay.**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **ZIP CODE:** \_\_\_\_\_

**EMAIL (for retreat communications):** \_\_\_\_\_

**GENDER: M F (Circle One) CHURCH ATTENDING:** \_\_\_\_\_

**HEIGHT:** \_\_\_\_\_ **WEIGHT:** \_\_\_\_\_ **BIRTHDATE:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**ALLERGIES:** \_\_\_\_\_

**MEDICATIONS/DIETARYNEEDS:** \_\_\_\_\_

**EMERGENCY CONTACT:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_

**INSURANCE:** \_\_\_ YES \_\_\_ NO

**INSURANCE COMPANY:** \_\_\_\_\_ **POLICY #:** \_\_\_\_\_

**PHYSICIAN:** \_\_\_\_\_ **PHYSICIAN PHONE:** \_\_\_\_\_

**Please return completed forms to: Noelle Eichenberger, PO Box 24338, Rochester, NY 14624**

**Questions? Call Noelle at 518-593-4000 or email nriley77@gmail.com**

## **PERMISSION AND WAIVER**

The undersigned does hereby give permission for our/my child, \_\_\_\_\_, to attend and participate in activities sponsored by Upstate NYI. I understand that in the event medical intervention is needed, every attempt will be made to contact the persons listed in this form. In the event I cannot be reached in an emergency, I hereby give permission to the physician or dentist selected by the hired or volunteer staff of Upstate NYI to hospitalize, to secure medical treatment and/or to order an injection, X-ray examination, anesthesia, or surgery for my child as deemed necessary.

The undersigned shall be liable and agree(s) to pay all costs and expenses incurred in connection with such medical and dental services rendered to the aforementioned child pursuant to his authorization. Should it be necessary for our/my child to return home due to medical reasons or otherwise, the undersigned shall assume all transportation costs. The undersigned does hereby forever discharge and agree to hold harmless Upstate NYI and the directors thereof from any and all liability, claims or demands for personal injury, sickness or death, as well as property damage and expenses of any nature whatsoever which may be incurred by the undersigned and the child/participant that occur while said child is participating in this Upstate NYI sponsored trip or activity. Furthermore, we (I) [and on behalf of our/my child-participant if under the age of 21] hereby assume all risk of personal injury, sickness, death, damage and expense as a result of participation in recreation and work activities involved therein.

Further, authorization and permission is hereby given to Upstate NYI to furnish any necessary transportation, food and lodging for this participant. The undersigned further hereby agree to hold harmless and indemnify Upstate NYI, its directors, employees and agents, for any liability sustained by Upstate NYI as a result of the negligent, willful or intentional acts of said participant, including expenses incurred attendant thereto.

I give permission to the adult sponsor to administer my child's provided medication as prescribed. I give permission for my child to participate in supervised Air Soft and/or paintball games, ropes courses and climbing walls and other activities, as applicable.

I hereby give consent to the use of any videotape, photographs, slides, audiotapes, or any other video/audio reproduction in which I may appear by Upstate NYI. I understand that these materials are being used for promotion of the ministry of Upstate NYI, which includes recruitment and fund-raising efforts. I release Upstate NYI from any liability with the use of my picture or voice recording as part of any promotional, recruitment, or fund-raising program.

**Parent Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Please return completed forms to:  
Noelle Eichenberger, PO Box 24338, Rochester, NY 14624**

## **Fall Retreat Student Rules & Expectations:**

1. Remember, WE NOT ONLY REPRESENT Upstate NYI, but more importantly, we represent Jesus. What we say or do may determine where someone spends his or her eternity. Our realization of this should take care of any problems that may occur.
2. When it is time to be in our rooms, we are in them. No person(s) is allowed outside his/her room without permission of a sponsor. This is for your protection.
3. An itinerary has been planned. Therefore, you are responsible to be on time. When you are late, we are all late. SO BE ON TIME!!!
4. Boundaries will be set. Any person who exceeds the perimeter of those boundaries without permission from Pastor Noelle or Greg will be sent home.
5. The obvious is true. There will be no alcohol, smoking, chewing of tobacco; use of any drugs (unless prescribed by a physician-notation must be on permission form). Violation of this rule will result in immediately being sent home.
6. We are Christians; therefore we will respect each other and each other's feelings. The reason we are here is to be spiritually uplifted, not to tear someone down.
7. Couples may hold hands only. All students must stay with a group. No wandering away.
8. Under no circumstances are guys to be in girls' rooms, or vice versa. This is non-negotiable.
9. We will respect others' property and the retreat property. Don't mess with other people's stuff. If it's not yours, leave it alone.
10. Because we will not be providing transportation, there may be teens driving themselves to this event. This is fine. Once a teen arrives, they must turn their keys in to Pastor Noelle and will not leave the camp without her permission over the course of the weekend.
11. Please do not bring electronic devices to the retreat. We will ask students to keep their phones turned off, using them only as a camera, when in an emergency or if other permission is given. This means bring your Bible to sessions, not your Bible app.
12. Violation of rules #5 or #8 will result in being sent home. Your parents will be called to pick you up!
13. We are here to build up our relationships in Christ. This means you should take time to get to know one another!

# Fall Retreat Adult Expectations

## **So, you want to volunteer?**

This weekend is 100% about facilitating a spiritual weekend where God can speak to our students and transform their lives. We very much want to be good examples of who the church is and what the love and grace of God looks like in daily life. As such, these following criteria are set for adult volunteers and are to be strictly upheld. Everything about this weekend is intentional - so please plan for your interactions to be as well.

## **Show up.**

Just being physically present isn't enough. Our students depend on your leadership. Bring your Bible. Listen during sessions. Be willing to participate in each activity and do it with gusto! If they see that you think it's dumb, they will think it is too. If you are having fun, so will they.

## **Encourage their brains out.**

This world tears them down enough. We are here to make sure they can hear the truth about who God made them to be. Always let our speech be uplifting and encouraging. If you need to rebuke a student for the speech they are spewing, encourage them to do better rather than yelling at them for their failure.

## **Prepare.**

I will be sending out small group discussion guides in advance. Look them over and think of possible questions the students might ask. Be prepared to give 100% effort. We all know preparation leads the way success.

## **Ignore other adult volunteers.**

Okay, so maybe don't ignore them. However, if you go home knowing more about the other adults lives lately than you do about the students lives lately - you probably didn't make the kind of impact on their life that was intended. While it is needed and healthy to escape from the teenagers periodically please make sure your interactions with them dominate your weekend. You are here to serve them after all.

## **Keep an eye out.**

Student safety is vital. We all need to be vigilant in our attempts to keep all students safe. Be alert for strangers on the grounds, potential dangers in the environment and definitely watch student interactions. Not all of these students are kind to each other. We want this to be a place where students are safe to be themselves - don't let bullying or abuse happen.

## **Worship.**

God wants to speak to you as well. Take the time to do the devotions, hear from Him and worship. Remember, students are taking cues from you. If they see you getting lost inside of our God's love, they feel safe to do the same.